



Communication Services
5334 South Prince Street
Littleton, Colorado 80120
Phone: 303-795-5467
www.arapahoegov.com

For release: Jan. 25, 2017

Contact:

CAITLIN WILSON

Communication Services Specialist II

Direct: 720-874-6507

Mobile: 303-263-1617

Email: cwilson@arapahoegov.com

OR

JONATHAN VRABEC

CSU Extension Agent

Direct: 303-738-7940

Email: jvrabec@arapahoegov.com

Arapahoe County CSU-Extension offering AgrAbility workshop Feb. 1

Free workshop provides assistance to disabled farmers and ranchers

LITTLETON, CO --- Farming and ranching are not always easy endeavors, let alone when dealing with physical or mental challenges.

Colorado State University Extension of Arapahoe County is offering a free workshop 10 a.m. – 2 p.m., Feb. 1 to help farmers and ranchers with physical or mental challenges run successful agricultural businesses.

AgrAbility will be held at the Arapahoe County Fairgrounds, 25690 E. Quincy Ave., Aurora, 80016. A free box lunch will be provided for those who pre-register. Workshop topics will include mental wellness in rural Colorado, stress management and how to work with agricultural lenders and bankers.

The workshop is part of the Colorado AgrAbility Project, which promotes success in agriculture for people with disabilities or those experiencing physical and mental challenges. Colorado State University and Goodwill Industries of Denver partner together on the Colorado AgrAbility Project to provide disability workshops, on-site evaluations, resource information, equipment modification and assistive technology.

As part of a nationwide network of programs with the U.S. Department of Agriculture, the goal of this program is to inform, educate and assist farmers, ranchers, farmworkers and their families with disabilities, so they can continue to have successful careers in agriculture.

Workshops will be taught by Norm Dalsted, Professor of Agricultural and Resource Economics with CSU Extension and by Candiss Leathers and James Craig of Goodwill Industries.

For more information and to RSVP, contact Jonathan Vrabec at jvrabec@arapahoegov.com or call 303-738-7940. Learn more about Arapahoe County CSU-Extension at <http://arapahoe.extension.colostate.edu/>.

###

Connect with Arapahoe County

Stay informed and give us your input about Arapahoe County Government. Sign up for news releases, agendas and updates to our website via our *Notify Me Link* at www.arapahoegov.com. Or, connect with us via [Facebook](#), [Twitter](#), [Nextdoor](#), [Instagram](#), [YouTube](#) and [LinkedIn](#).