



The A B C's Of Parenting

...Because kids don't come with instructions



Parenting doesn't have to be a hassle, discover some proven methods for cutting down the frustration of being a parent in today's hectic world. Unlock the knowledge you already hold and share your wisdom. Find out you're not alone.

We can help!

COURSE HIGHLIGHTS

- Relating with compassion
- Admitting and dealing with anger appropriately
- Communicating to solve problems
- Court approved course



WHERE: Arapahoe County DHS
 14980 E Alameda Dr Aurora, CO 80012
 The class will be held in the Legacy Room (basement)
 Participants must check in.

WHEN: Wednesdays, 9am-1pm
 CALL FOR NEXT CLASS INFORMATION
 (3 week series)
 FREE LUNCH PROVIDED

COST: FREE to Arapahoe County Human Services clients
 Please call 303-752-8908 for approval.
 Individuals outside of ACHS will pay \$60.00 per person or \$90.00 per couple

REGISTRATION: Contact Child Support Services at 303-752-8908 or RAIshami@Arapahoegov.com

Family Support Line: 1-877-695-7996

Consejos para Familias: 1-866-527-3264

Parenting Seminars-Circle of Parents®-Parenting Education-Spanish Family Support Services

